**SCHOOL YEAR 2018-2019** 

# Healthy CPS Alignment Report

**CHICAGO MILITARY HS Principal: Octavio Casas** 



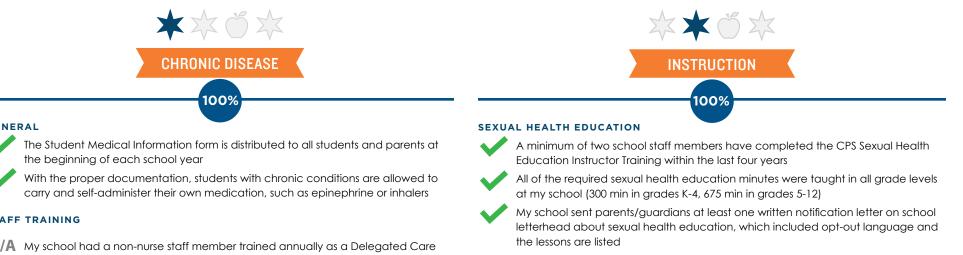
The Healthy CPS Status pictured on the left is based on data from the Healthy CPS Survey, Learning Hub and IMPACT. The Healthy CPS status will be reflected on the SY1819 School Progress Report.

Healthy CPS demonstrates a school's commitment to a safe and healthy learning environment by offering access to daily physical activity, nutritious foods, school-based health services, health education and supports for students with chronic conditions. Schools that align to 90% or more of the criteria are considered Healthy CPS.

The Healthy CPS Indicator is the first ever comprehensive health-focused measure that is included on the CPS school progress report. It was created to help schools streamline health and wellness initiatives already taking place at the school. Learn more at <u>cps.edu/HealthyCPS</u>.



This report includes data from IMPACT, Learning Hub and self-reported on Healthy CPS Survey completed in May 2019. If you have questions, please contact OSHW at 773.553.KIDS or OSHW@cps.edu September 24, 2019



#### PHYSICAL EDUCATION

- My high school offered daily physical education to all grade levels
- N/A Fitness testing results for all students in grades 3-12 at my school were submitted into IMPACT CIM or ASPEN

#### NUTRITION EDUCATION

My school integrated nutrition education into at least two courses required for graduation

# CHICAGO MILITARY HS has achieved 96% of Healthy CPS criteria.

- On average, schools across the district achieved 72% of Healthy CPS criteria.
- 96%
- On average, Network 17 schools achieved 61% of ٠ Healthy CPS criteria.
- CHICAGO MILITARY HS has achieved 24% more Healthy CPS criteria compared to SY1718.

### GENERAL

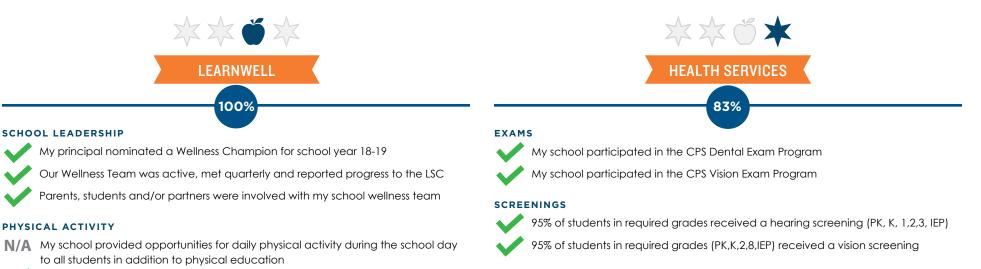


#### STAFF TRAINING

- N/A My school had a non-nurse staff member trained annually as a Delegated Care Aide (DCA) to assist students with daily diabetes management
  - All school personnel know the unlocked location of the district-Issued EpiPens® at the school
  - All school staff completed the chronic conditions training webinar in school year 18-19

## SYMBOLS

- Achieved
- × Not Achieved
- N/A Not Applicable
- No Data (i.e. did not complete Healthy CPS Survey)



Teachers did not withhold physical activity (recess and PE) as punishment

#### SCHOOL GARDENS



The school garden was supported by a school garden team

The school garden was utilized for instruction at the school at least twice a month during growing season

The school garden grew edible food

#### SCHOOL FOOD ENVIRONMENT



Food is not served or sold in competition with school meals (includes fundraisers, school stores, and celebrations)



- My school implemented Breakfast After the Bell
- My school focused on celebrating with fun rather than food during the school day; any food celebrations are catered using the CPS Catering Menu
- Teachers do not use food as a reward

#### SAFE AND SUPPORTIVE ENVIRONMENTS

My school had staff attend training on supporting LGBTQ students

#### MEDICAL COMPLIANCE



My school achieved 90% medical compliance by October 15

#### MEDICAID DESIGNEE

My principal nominated a school Medicaid Designee to assist families with acquiring health insurance for school year 18-19

# NEXT STEPS

- 1. View your electronic report on the School Progress Report "Downloads" page
- 2. Visit cps.edu/HealthyCPS to get started
- 3. Encourage schools to update Wellness Champion and Medicaid Designee information here
- 4. Review requirements and guidance on specific criteria with the Healthy CPS Checklist
- 5. Incorporate health and wellness goals into schools' CIWP
- 6. Refer families to 773-553-KIDS for help with public benefit enrollment