**SCHOOL YEAR 2018-2019** 

# Healthy CPS Alignment Report

SHIELDS MIDDLE Principal: Debra Ann Fritz-Fanning



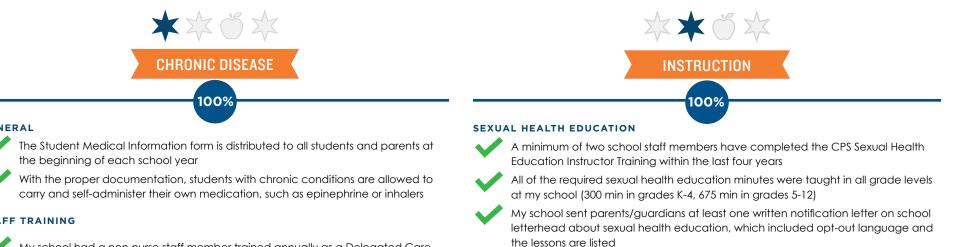
The Healthy CPS Status pictured on the left is based on data from the Healthy CPS Survey, Learning Hub and IMPACT. The Healthy CPS status will be reflected on the SY1819 School Progress Report.

Healthy CPS demonstrates a school's commitment to a safe and healthy learning environment by offering access to daily physical activity, nutritious foods, school-based health services, health education and supports for students with chronic conditions. Schools that align to 90% or more of the criteria are considered Healthy CPS.

The Healthy CPS Indicator is the first ever comprehensive health-focused measure that is included on the CPS school progress report. It was created to help schools streamline health and wellness initiatives already taking place at the school. Learn more at <u>cps.edu/HealthyCPS</u>.



This report includes data from IMPACT, Learning Hub and self-reported on Healthy CPS Survey completed in May 2019. If you have questions, please contact OSHW at 773.553.KIDS or OSHW@cps.edu September 24, 2019



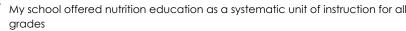
### PHYSICAL EDUCATION



My elementary or middle school offered 150 minutes per week of physical education in alignment with the CPS PE Policy (K-8)

Fitness testing results for all students in grades 3-12 at my school were submitted into IMPACT CIM or ASPEN

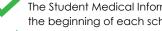
### NUTRITION EDUCATION



## SHIELDS MIDDLE has achieved 96% of Healthy CPS criteria.

- On average, schools across the district achieved 72% of Healthy CPS criteria.
- 96%
- On average, Network 8 schools achieved 84% of ٠ Healthy CPS criteria.
- SHIELDS MIDDLE has achieved 24% more Healthy CPS criteria compared to SY1718.

## GENERAL



### STAFF TRAINING



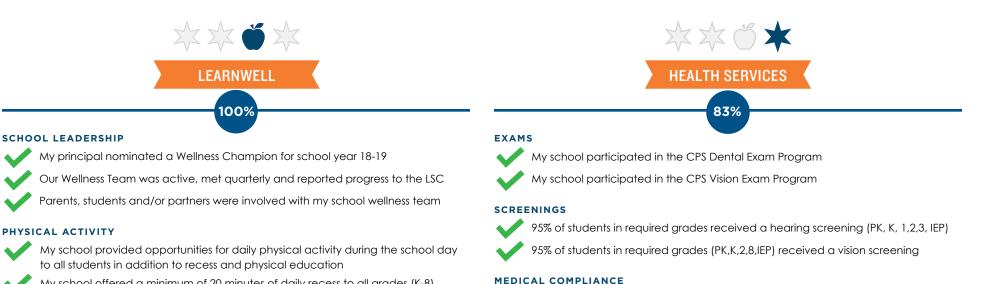
My school had a non-nurse staff member trained annually as a Delegated Care Aide (DCA) to assist students with daily diabetes management

All school personnel know the unlocked location of the district-Issued EpiPens® at the school

All school staff completed the chronic conditions training webinar in school year 18-19

### SYMBOLS

- Achieved
- Y Not Achieved
- N/A Not Applicable
- ? No Data (i.e. did not complete Healthy CPS Survey)



- My school offered a minimum of 20 minutes of daily recess to all grades (K-8)
- Teachers did not withhold physical activity (recess and PE) as punishment

### SCHOOL GARDENS

- The school garden was supported by a school garden team
- The school garden was utilized for instruction at the school at least twice a month during growing season
- The school garden grew edible food

### EARLY CHILDHOOD

N/A A representative of early childhood was on my wellness team and promoted health and wellness throughout the Pre-K program

### SCHOOL FOOD ENVIRONMENT



Food is not served or sold in competition with school meals (includes fundraisers, school stores, and celebrations)



My school implemented Breakfast After the Bell

My school focused on celebrating with fun rather than food during the school day; any food celebrations are catered using the CPS Catering Menu



Teachers do not use food as a reward

### SAFE AND SUPPORTIVE ENVIRONMENTS

My school had staff attend training on supporting LGBTQ students

MEDICAID DESIGNEE

# NEXT STEPS

1. View your electronic report on the School Progress Report "Downloads" page

My principal nominated a school Medicaid Designee to assist families with

2. Visit cps.edu/HealthyCPS to get started

acquiring health insurance for school year 18-19

My school achieved 90% medical compliance by October 15

- 3. Encourage schools to update Wellness Champion and Medicaid Designee information here
- 4. Review requirements and guidance on specific criteria with the Healthy CPS Checklist
- 5. Incorporate health and wellness goals into schools' CIWP
- 6. Refer families to 773-553-KIDS for help with public benefit enrollment