**SCHOOL YEAR 2018-2019** 

# Healthy CPS Alignment Report

NOBEL Principal: Manuel O Adrianzen



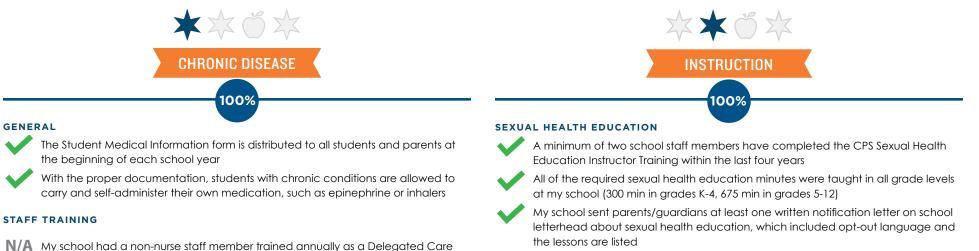
The Healthy CPS Status pictured on the left is based on data from the Healthy CPS Survey, Learning Hub and IMPACT. The Healthy CPS status will be reflected on the SY1819 School Progress Report.

Healthy CPS demonstrates a school's commitment to a safe and healthy learning environment by offering access to daily physical activity, nutritious foods, school-based health services, health education and supports for students with chronic conditions. Schools that align to 90% or more of the criteria are considered Healthy CPS.

The Healthy CPS Indicator is the first ever comprehensive health-focused measure that is included on the CPS school progress report. It was created to help schools streamline health and wellness initiatives already taking place at the school. Learn more at <u>cps.edu/HealthyCPS</u>.



This report includes data from IMPACT, Learning Hub and self-reported on Healthy CPS Survey completed in May 2019. If you have questions, please contact OSHW at 773.553.KIDS or OSHW@cps.edu September 24, 2019



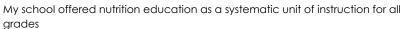
#### PHYSICAL EDUCATION



My elementary or middle school offered 150 minutes per week of physical

Fitness testing results for all students in grades 3-12 at my school were submitted

#### NUTRITION EDUCATION



NOBEL has achieved 100% of Healthy CPS criteria.

- On average, schools across the district achieved 72% of Healthy CPS criteria.
- On average, ISP schools achieved 82% of Healthy • CPS criteria.

100%

NOBEL has achieved 11% more Healthy CPS criteria ٠ compared to SY1718.

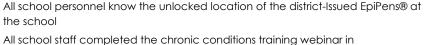
### SYMBOLS

- Achieved
- Y Not Achieved

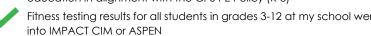
the school

school year 18-19

- N/A Not Applicable
- ? No Data (i.e. did not complete Healthy CPS Survey)



education in alignment with the CPS PE Policy (K-8)

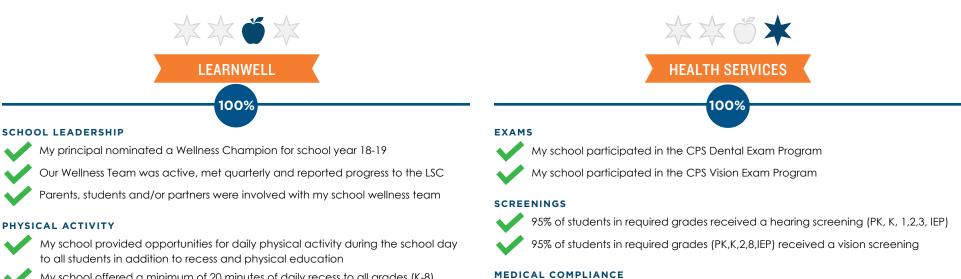




Aide (DCA) to assist students with daily diabetes management

All school staff completed the chronic conditions training webinar in





My school offered a minimum of 20 minutes of daily recess to all grades (K-8)

Teachers did not withhold physical activity (recess and PE) as punishment

#### SCHOOL GARDENS

- N/A The school garden was supported by a school garden team
- N/A The school garden was utilized for instruction at the school at least twice a month during growing season
- N/A The school garden grew edible food

#### EARLY CHILDHOOD



A representative of early childhood was on my wellness team and promoted health and wellness throughout the Pre-K program

## SCHOOL FOOD ENVIRONMENT



Food is not served or sold in competition with school meals (includes fundraisers, school stores, and celebrations)



My school implemented Breakfast After the Bell

My school focused on celebrating with fun rather than food during the school day; any food celebrations are catered using the CPS Catering Menu



Teachers do not use food as a reward

#### SAFE AND SUPPORTIVE ENVIRONMENTS

My school had staff attend training on supporting LGBTQ students

# MEDICAID DESIGNEE



My principal nominated a school Medicaid Designee to assist families with acquiring health insurance for school year 18-19

My school achieved 90% medical compliance by October 15

## NEXT STEPS

- 1. View your electronic report on the School Progress Report "Downloads" page
- 2. Visit cps.edu/HealthyCPS to get started
- 3. Encourage schools to update Wellness Champion and Medicaid Designee information here
- 4. Review requirements and guidance on specific criteria with the Healthy CPS Checklist
- 5. Incorporate health and wellness goals into schools' CIWP
- 6. Refer families to 773-553-KIDS for help with public benefit enrollment