**SCHOOL YEAR 2018-2019** 

# Healthy CPS Alignment Report

**BEARD Principal: Manda M Lukic** 



The Healthy CPS Status pictured on the left is based on data from the Healthy CPS Survey, Learning Hub and IMPACT. The Healthy CPS status will be reflected on the SY1819 School Progress Report.

Healthy CPS demonstrates a school's commitment to a safe and healthy learning environment by offering access to daily physical activity, nutritious foods, school-based health services, health education and supports for students with chronic conditions. Schools that align to 90% or more of the criteria are considered Healthy CPS.

The Healthy CPS Indicator is the first ever comprehensive health-focused measure that is included on the CPS school progress report. It was created to help schools streamline health and wellness initiatives already taking place at the school. Learn more at <a href="mailto:cps.edu/HealthyCPS">cps.edu/HealthyCPS</a>.



This report includes data from IMPACT, Learning Hub and self-reported on Healthy CPS Survey completed in May 2019. If you have questions, please contact OSHW at 773.553.KIDS or OSHW@cps.edu

September 24, 2019



### **GENERAL**

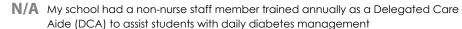


The Student Medical Information form is distributed to all students and parents at the beginning of each school year

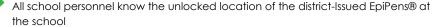


With the proper documentation, students with chronic conditions are allowed to carry and self-administer their own medication, such as epinephrine or inhalers

### STAFF TRAINING









All school staff completed the chronic conditions training webinar in school year 18-19



100%

### **SEXUAL HEALTH EDUCATION**



A minimum of two school staff members have completed the CPS Sexual Health Education Instructor Training within the last four years



All of the required sexual health education minutes were taught in all grade levels at my school (300 min in grades K-4, 675 min in grades 5-12)



My school sent parents/guardians at least one written notification letter on school letterhead about sexual health education, which included opt-out language and the lessons are listed

### PHYSICAL EDUCATION



My elementary or middle school offered 150 minutes per week of physical education in alignment with the CPS PE Policy (K-8)



Fitness testing results for all students in grades 3-12 at my school were submitted into IMPACT CIM or ASPEN

### NUTRITION EDUCATION



My school offered nutrition education as a systematic unit of instruction for all grades

# BEARD has achieved 96% of Healthy CPS criteria.

- On average, schools across the district achieved 72% of Healthy CPS criteria.
- On average, Network 1 schools achieved 85% of Healthy CPS criteria.
- BEARD has achieved 13% more Healthy CPS criteria compared to SY1718.

# SYMBOLS





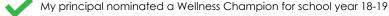
N/A Not Applicable

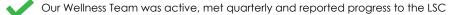
? No Data (i.e. did not complete Healthy CPS Survey)



100%

### SCHOOL LEADERSHIP





Parents, students and/or partners were involved with my school wellness team

## PHYSICAL ACTIVITY

My school provided opportunities for daily physical activity during the school day to all students in addition to recess and physical education

My school offered a minimum of 20 minutes of daily recess to all grades (K-8)

Teachers did not withhold physical activity (recess and PE) as punishment

### **SCHOOL GARDENS**

The school garden was supported by a school garden team

The school garden was utilized for instruction at the school at least twice a month during growing season

The school garden grew edible food

### **EARLY CHILDHOOD**

A representative of early childhood was on my wellness team and promoted health and wellness throughout the Pre-K program

### SCHOOL FOOD ENVIRONMENT

Food is not served or sold in competition with school meals (includes fundraisers, school stores, and celebrations)

My school implemented Breakfast After the Bell

My school focused on celebrating with fun rather than food during the school day; any food celebrations are catered using the CPS Catering Menu

Teachers do not use food as a reward

# SAFE AND SUPPORTIVE ENVIRONMENTS

My school had staff attend training on supporting LGBTQ students



83%

### **EXAMS**

My school participated in the CPS Dental Exam Program

My school participated in the CPS Vision Exam Program

### **SCREENINGS**

95% of students in required grades received a hearing screening (PK, K, 1,2,3, IEP)

95% of students in required grades (PK,K,2,8,IEP) received a vision screening

### MEDICAL COMPLIANCE



My school achieved 90% medical compliance by October 15

### MEDICAID DESIGNEE



My principal nominated a school Medicaid Designee to assist families with acquiring health insurance for school year 18-19

# **NEXT STEPS**

- View your electronic report on the School Progress Report "Downloads" page
- 2. Visit cps.edu/HealthyCPS to get started
- 3. Encourage schools to update Wellness Champion and Medicaid Designee information **here**
- 4. Review requirements and guidance on specific criteria with the **Healthy CPS Checklist**
- 5. Incorporate health and wellness goals into schools' **CIWP**
- 6. Refer families to 773-553-KIDS for help with public benefit enrollment